

ETS SEVENTH ANNUAL EVENT

roots

OF RECOVERY



Many Paths to Healing



KEYNOTE SPEAKER

Sandeep Kaushik
former ETS patient

OVERDOSE AWARENESS DAY



In honor of International Overdose Awareness Day in August, ETS hosted “Together We Can,” a remembrance event for those who’ve died by overdose. Together, our community acknowledged the grief we share and honored those lives we have lost. We also called for collective action to improve treatment, reform drug policy, and reduce stigma.

Thank you to all who joined us. When we come together as a community, we are stronger than ever. Together, we will continue working to prevent overdose and support people’s journeys of recovery.





THURSDAY, SEPTEMBER 26, 2024 | 12-1:30pm | BLOCK 41 & ZOOM

WELCOME

Mark Wright & Sasha Summer Cousineau, Co-Emcees

ACKNOWLEDGMENTS

Becca Judy, Chief Transformation Officer & Karen Salinas, Director of Outreach

EVERGREEN COMMUNITY CHAMPION AWARD

Emily Alvarado, Washington State Representative, presented by Jessica Marquardt & Kelli Larsen, ETS Board Members

ETS HIGHLIGHTS

Steve Woolworth, Chief Executive Officer

KEYNOTE

Sandeep Kaushik, Former ETS Patient, followed by a conversation with Brandie Flood, Director of Community Justice

VIDEO

Many Paths to Healing

CALL TO ACTION

Sasha Summer Cousineau, Revel Rouser Events

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WELCOME TO EVERGREEN TREATMENT SERVICES' 7TH ANNUAL EVENT: ROOTS OF RECOVERY

Dear Roots of Recovery Attendees,

Thank you for joining us today at our 7th Annual Event: Roots of Recovery. This year's theme is *Many Paths to Healing*. Too often, people who experience homelessness and harmful substance use are presented with one-size-fits-all options for treatment, housing, and more. But every person we serve is unique — they need options that best meet their needs and support their goals.

The theme *Many Paths to Healing* reflects the varied routes people take to find fulfilling lives after experiencing addiction, returning to the community from incarceration, or living unhoused. Healing looks different to different people. For some, improved health and well-being is their measure of success. For others, it's counting days of abstinence or entering a comprehensive inpatient treatment center.

This year's theme is also a call to action for us as service providers and community members. Treatment options need to be flexible and adaptive. We must open every available path to healing that we can: place-based, street-based, mobile, digitalized, and more. That's what compassionate care looks like. You stop at nothing to ensure people get and stay well.

We also need to reflect on what it means to heal. It's not just about reducing or stopping drug use. Addressing the chemical nature of addiction is only one component of the healing process. Healing requires a sense of community and belonging. For many of the people we serve, healing also requires repair from the traumas they have faced. The factors that contribute to harmful substance use and homelessness are interconnected, complex, and deeply rooted in broken institutional systems. These are the deeper needs to be addressed within and alongside treatment in a holistic and tailored way. Every story is different, and every path to healing is too.

At today's event, you'll learn more about the many paths to healing that Evergreen Treatment Services and our partners offer. You'll learn about our Treatment in Motion (TIM) mobile clinics and hear the story of a former patient who is delivering our keynote address. We hope you learn and are inspired by the many ways people in our community have found healing for themselves and each other. We also hope you commit to supporting our community to make many more paths to healing available for people throughout the Puget Sound region.

Respectfully,

Steve Woolworth | CEO, ETS





KEYNOTE SPEAKER

SANDEEP KAUSHIK

Sandeep Kaushik is our keynote speaker. Sandeep is an experienced political and public affairs consultant working in Seattle as a partner at Sound View Strategies. Sandeep's current practice includes dealing with complicated, high profile policy issues in Seattle, including ridesharing and delivery services, digital equity and broadband issues, short-term rental regulation, and issues related to municipal governance. He currently serves as the board chair of the Downtown Emergency Service Center (DESC), and on the board of HistoryLink.org.

Sandeep is living proof that people can thrive after a serious opioid addiction. He is a recovered heroin user, who spent much of the 1990s battling a serious and self-destructive addiction. When Sandeep first moved to Seattle in the summer of 2002, in the midst of a recent relapse, he made the decision to change his life and became a patient at Evergreen Treatment Services. He says that methadone saved his life, and he is grateful for the critical help and support ETS provided him throughout his recovery.

Between 2005 and 2007, Sandeep worked as deputy communications director for then-King County Executive Ron Sims. Before that, he worked as a political columnist/writer for Seattle's influential alt-weekly, the Stranger, and as the Seattle correspondent for Time Magazine and the Boston Globe. He has a B.A. in history from Reed College and an M.A. in history from Princeton University. He lives in Seattle's Phinney Ridge neighborhood.



EMCEE

MARK WRIGHT

Mark Wright is a former broadcast journalist and TV news anchor and now hosts the podcast *Fat Science* with Dr. Emily Cooper. His career in journalism spanned 35 years—starting in Public Radio and ending as evening news anchor for KING 5. Mark is a respected community leader in Seattle and deeply committed to public service. As an event emcee, he’s worked with dozens of non-profits—helping raise millions of dollars. Mark is a longtime friend of ETS, and we are grateful for his continued dedication to our mission.



EMCEE

SASHA SUMMER COUSINEAU

Sasha Summer Cousineau, owner of Revel Rouser Events, is a fundraising auctioneer, emcee, and wedding officiant based in Seattle. Sasha believes her clients make up the heart and moral compass of our communities which is why she is living her “OccuPassion” every time she gets to serve local non-profit organizations and educational institutions. A lifelong performer passionate about social justice, racial equity, and feminism, she is a skilled, experienced, and caring event professional who has a 360-degree view of events. In-

person or online, you can bet that Sasha will bring her experience, talent, sparkle, and genuine care to her work. She is excited to serve as your fundraising auctioneer and thanks you for your generous support of Evergreen Treatment Services.



CALL TO ACTION: MAKE A GIFT!

Join us in supporting many paths to healing.

During the event, guests will be invited to support ETS' mission with a financial contribution. In-person guests: raise your paddle! Zoom guests: please visit evergreentreatment.org/roots-of-recovery.



SCAN TO DONATE

A matching challenge will be offered
at the \$1,000 and \$250 levels.

BE VOCAL.

Sharing ETS's work with your friends, family, and networks can have many benefits—from starting someone on their path to healing to growing the network of people who support ETS.

THANK YOU THANK YOU THANK YOU THA

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The Art OF RECOVERY

September is National Recovery Month. The Substance Abuse and Mental Health Services Administration's (SAMHSA) theme for this year is the *Art of Recovery*, which recognizes the transformative impact of art on mental health and substance use recovery. Through creative expression, people find connection, healing, and empowerment.

The Art of Recovery can also have another meaning, not only highlighting the art people create, but also the way they engage in their recovery. While there can be common themes, every person's story of recovery is unique. The act of recovery is unique as well and can be seen as artistic self-expression—how someone decides to shape and create their life.

This is one reason that ETS' theme for this year's Roots of Recovery is *Many Paths to Healing*. If people engage in recovery in diverse and self-expressive ways, we need to meet them with as many options as possible so they can chart their own course. There is not only one path to healing—there are as many paths as there are people who walk them.



Artworks by ETS Participants



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